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Where  
**YOUTH SUICIDE**  
— **AND** —  
**DEPRESSION**  
**STOP**  
— —



**YOUTH  
COUNSELLING**

 **YouthFocus**



Youth Focus is a no-cost confidential counselling service for young people aged 12-25 who may be experiencing suicidal thoughts, depression and self-harming behaviour.

Youth Focus counsellors are available across the metropolitan area and in some regional centres.

### Have you been?

- Feeling low and erratic
- Thinking about suicide and self-harm
- Finding it difficult to motivate yourself
- Experiencing sleeping difficulties
- Feeling like you can't cope or manage
- Lacking energy

If this sounds like you or somebody you know, why not speak with a friendly professional at Youth Focus? All you have to do is call Youth Focus between 9am and 5pm Monday to Friday to make a referral.



### Youth Focus offers youth counselling at the following locations:

Burswood:  
54 Goodwood Parade,  
Burswood WA 6100

Joondalup:  
1/93 Grand Boulevard,  
Joondalup WA 6027

Bunbury:  
34 Wittenoom Street,  
Bunbury WA 6230

Rockingham:  
5/5 Goddard Street,  
Rockingham 6168

Geraldton:  
184 Marine Terrace,  
Geraldton WA 6530

The Foyer:  
196 Oxford St,  
Leederville WA 6007

Referrals can be made by family members, health professionals, or by young people themselves. To speak to a friendly Youth Focus staff member please call 6266 4333.

[youthfocus.com.au](http://youthfocus.com.au)

  /youthfocuswa   @youthfocuswa

Youth Focus relies on the generosity of the West Australian community to provide its free life-changing services. To donate today, or find out more, visit [youthfocus.com.au](http://youthfocus.com.au). Youth Focus is not a crisis service. If you or someone you know needs urgent support please contact the Suicide Call Back Service on 1300 659 467, the Kids Helpline on 1800 55 1800 or Lifeline on 13 11 14